

# BBHCA eNews

JUNE / JULY 2011

*The eNews will not be published in August 2011. —The Editor*

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## Board Positions Filled; Committee Positions Still Need Volunteers

Three BBHCA Board positions were elected at the May 10, meeting and two Board positions were left unfilled. Reelected were President Jeannie Henry, Treasurer Joan Akins, and Secretary Deborah Moore. The unfilled positions, First Vice President Newsletter and Second Vice President Membership received nominations after the meeting: Rebecca Johnson and Rebecca Wolfkiel.

If you have a couple of hours a month, you have an interest in keeping our community a great place to live, and you have been looking for an opportunity to contribute, now's your time! Remember, we are a civic association, not a homeowner's association. A civic association works to improve its neighborhood through work by volunteer members.

Nominations are needed for the following positions:

- BBHCA eNews (appointed committee position)
- BBHCA Web (appointed committee position)
- BBHCA Community Yard Sale (appointed committee position)

For more information about BBHCA, we encourage you to take a look at the website at [www.bbhca.org](http://www.bbhca.org).

If you or someone you know is interested in these positions starting with the 2011–2012 year, please Contact Jeannie Henry at [president@bbhca.org](mailto:president@bbhca.org).

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## Summer Safety Tips

Follow these tips to help beat the heat:

- Drink plenty of fluids: Drink two to four glasses of cool fluids each hour.
- Do not drink caffeinated or alcoholic beverages because they dehydrate the body.
- Keep cool indoors: If you can, stay in an air-conditioned area. Resting for just two hours in air conditioning can significantly reduce heat-related illnesses.
- Plan outdoor activities around the heat: If you must go outside, go before noon or at night when it's cooler. Avoid strenuous physical activities or reschedule them for the coolest part of the day, usually the early morning.
- Give your body a break: Heat is stressful on your body. Limit physical activity until your body adjusts to the heat.
- Eat light meals, avoiding high-protein foods because they increase metabolic heat.
- Don't take salt tablets unless directed by a physician.
- Wear light-colored clothing, which helps reflect sunlight.
- Wear sunscreen to prevent sunburn. Sunburn makes it more difficult for your body to cool off.



- Never leave children or pets unattended in a car—not even for a few minutes. Even with the windows slightly open, the temperature in a car on a 93-degree day can soar to 125 degrees in just 20 minutes and approximately 140 degrees in 40 minutes.

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## Commercial Vehicles Inspected: 5 Removed



“On May 24, members of the Motor Carrier Safety Unit for the Fairfax County Police were on Lee Jackson Memorial Highway...from 7–11 am stopping and inspecting commercial motor vehicles, including truck tractors pulling semitrailers, dump trucks, landscape trucks and trailers, trucks with oversize loads, trash trucks, and trucks hauling roll-off containers. Specifically, they were looking for violations of equipment, driver’s license, registration, and weight.

A total of 18 vehicles were stopped for which 68 violations were discovered. Five trucks were taken out of service because they were found to be unsafe for road travel.” Source: <http://www.fairfaxcounty.gov/police/news-releases/2011/052511truckinspections.htm>

The four-hour inspection averaged 3.77 violations per vehicle with 36% determined to be unsafe.

“Last year, MCS officers:

- Inspected 173 trucks and discovered over 620 violations, and put 71 unsafe trucks out of service during MCS Checkpoints stationed around the county in 2010.
- Cited nearly 5,000 truck violations (4,714) and so far in 2011, nearly 2,000 (1,729). These include violations such as those relating to brakes, hazmat regulations, steering, tire and wheels, load securing, lights, weight, and others.
- Found 49 vehicles to be “overweight” in 2010, and 45 “overweight” so far 2011 year to date.” Source: <http://www.fairfaxcounty.gov/police/news-releases/2011/061011roadcheck2011.htm>

“The Fairfax County Police Department is staffed by four officers who are responsible for:

- Inspecting and ensuring commercial motor vehicles and operators meet all federal and local requirements for licensure and certification.
- Investigating crashes that involve commercial motor vehicles on Fairfax County roadways.

All motor carrier officers also work to train Fairfax County Police patrol officers to be on the lookout for unsafe or illegal trucks and operators.” Source: <http://www.fairfaxcounty.gov/police/traffic/motor-carrier-safety.htm>

**What can you do if you see a commercial vehicle operating in an unsafe manner? Call 703-691-2131.** If you can do so safely, note the truck’s license plate, location, and/or direction of travel.

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## Local Civil War Author Seeking Unpublished Stories

William Connery is a long-time resident of the Bush Hill community. If you are a history buff, you might have read some of his articles in the *Civil War Courier* or the *Washington Times*, or attended one of his talks in the area.

He is currently under contract to produce a book on Northern Virginia (Alexandria City, Arlington, Fairfax, Loudoun, and Prince William counties) on the events of 1861. He is looking for human-interest stories for his book.

If you have an ancestor or unpublished story from that period in Northern Virginia and would like to share the story for publication, please contact Mr. Connery at [william.connery@verizon.net](mailto:william.connery@verizon.net) or 703-719-6639.

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## EVENTS



### Kingstowne Farmers Market

**Fridays, May 6 - October 28, 4:00 pm - 7:00 pm**

<http://www.fairfaxcounty.gov/parks/FarmersMarkets/kingstownemkt.htm>

The markets offer a wide variety of locally grown fruits and vegetables. You'll also find fresh baked goods, honey, and ice cream. A full array of dairy and cheese products compliment a wide selection of meats, including free range beef, chicken, and lamb. Cut flowers and plants are available early in the season, and most markets feature master gardeners to answer your most pressing questions. Click on the link above for a list of the Kingstowne Farmers Market vendors.

Each market has its own character and unique vendors, so you are encouraged to visit the different markets throughout the County. For a complete list of markets in Fairfax County and the option to sign up for a free market newsletter, go to <http://www.fairfaxcounty.gov/parks/wp-farm-mkt.htm#schedule>.

### Franconia District Station CAC (Citizen's Advisory Committee) Picnic

Wednesday June 15, 6:00 pm

Helen Wilson Community Room, Lee District Government Center, 6121 Franconia Rd., Alexandria, VA 22310

All are welcome! You do not need to be a member of CAC to attend. The CAC will be cooking hot dogs and hamburgers. They will also be supplying drinks. Please bring a dish (salad, side, or desert). If you don't have a dish come by anyway.

DWI Convincer Displays: Our traffic Division will be setting up several interactive displays. These displays are designed to provide a demonstration of the impairing effects of alcohol. Everything is simulated. No alcohol is needed for these displays.

### Lee District Nights Concert Series

**Wednesdays, June thru August, 7:30 pm**

Lee District Park Amphitheater, 6601 Telegraph Road, Franconia, VA

Free entertainment! We invite you to enjoy these concerts with your family and friends! Free cookies, plus dog biscuits and water for canines. Concerts cancelled if raining. If bad weather threatens, please call 703-324-SHOW (7469) after 6 pm. Click on the links below for more information on each artist.

#### JUNE

15 [The Old World Folk Band](#) (Klezmer)

22 [Pietasters](#) (Ska)

29 [Guy Mendilow Band](#) (World Music)

#### JULY

6 [The Grandsons](#) (Rockabilly/Swing/Lounge)

13 [David Bach Consort](#) (Jazz)

20 [The NOVA Annandale Symphony Orchestra](#) (Summer Pops)

27 [The United States Army Band "Blues Jazz Ensemble"](#) (Jazz)

#### AUGUST

3 [Michael Cleveland and Flamekeeper](#) (Bluegrass)

10 [Lyuti Chushki](#) (Bulgarian Folk Music)

17 [The United States Navy Band "Country Current"](#) (Country)

24 [Brothers + 1](#) (Motown)

31 [The Sock Monkeys](#) (Rock&Roll/Cover Band)





### Antique Car Show at Sully

Sunday, June 19, 10 am - 3:30 pm

<http://www.fairfaxcounty.gov/parks/press/html/pr057-11.htm>

“Bring dad to the annual Antique Car Show at Sully Historic Site in Chantilly. Co-sponsored by Fairfax County Park Authority and the Model A Ford Club of America for 38 consecutive years, the show features foreign and American cars, trucks and specialty vehicles. Admission is only \$9 for adults, \$8 for seniors and \$6 for children. Free parking on site.”

### Civil War 150<sup>th</sup> Anniversary

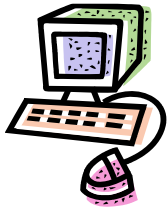
<http://www.fxva.com/150/events/>

“During the 150th anniversary of the Civil War Fairfax County and the Capital Region will host various commemorative events. These events will include reenactments, lecture series, living history events and ceremonies. We invite you to explore the entire region to gain a unique perspective on the many amazing stories that make up our collective Civil War heritage.”

### Primary Elections

Tuesday, August 23, 2011, 6 am – 7 pm

Primaries for offices elected in November are customarily held on the second Tuesday in June. This year, due to redistricting changes, the primaries will take place on Tuesday, August 23. For more information, go to <http://www.fairfaxcounty.gov/eb/ecalendar.htm>



## LINKS TO KEEP

### Fairfax County Library Card Online Application

<https://www.fairfaxcounty.gov/library/libcard.htm>

Apply for a new card or update your old card online. Your card may be used at any of the 23 Fairfax County Public Library locations and you may also apply for borrowing privileges at these public libraries in the Metro area. Once you have your card (It will be mailed to you in 7-10 days.), you can also access Fairfax County library services online at <http://www.fairfaxcounty.gov/library/>.

### BBHCA 2010–2011 Board

President: Jeannie Henry [president@bbhca.org](mailto:president@bbhca.org)

VP Newsletter: Sarah Kelly [newsletter@bbhca.org](mailto:newsletter@bbhca.org)

VP Membership: Richard Frederick [membership@bbhca.org](mailto:membership@bbhca.org)

Treasurer: Joan Akins [treasurer@bbhca.org](mailto:treasurer@bbhca.org)

Secretary: Deborah Moore [secretary@bbhca.org](mailto:secretary@bbhca.org)

### eNews

Editor: Sharada Gilkey [eNews@bbhca.org](mailto:eNews@bbhca.org)

This electronic newsletter is sent to current members of the Brookland-Bush Hill Civic Association (BBHCA). If you do not wish to receive this or any other e-mails from BBHCA, respond to [eNews@bbhca.org](mailto:eNews@bbhca.org) and enter “unsubscribe” in the subject line. The views expressed in eNews do not necessarily reflect the views of the Brookland-Bush Hill Civic Association or its Board of Directors.

## Brookland-Bush Hill Civic Association

Alexandria, VA 22310

[www.bbhca.org](http://www.bbhca.org)